**Welcome to the practice…**

**Office Number**

805-898-0500

**Office Fax**

805-898-0501

**Practice Manager**

Jeneva

**Email:** *jeneva@docrok.com*

**Medical Assistant**

Marisela

**Email:** *marisela@docrok.com*

**Dr. Hrach’s Cell Number (after hours and emergencies):**

(805) 705-5929

**Dr. Hrach’s ExtraCare Email***: extracare@docrok.com*

**TigerText**

If you are interested in secured text messaging with Dr. Hrach, let Jeneva know, and she can walk you through the process of installing the TigerText application onto your cell phone. Please follow the prompts and use this application for secure communication with Dr. Hrach.

**Video Visit Appointments**

Please contact Jeneva when you would like to setup your video connection appointment.